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Pregnant? Children under four?

Don't miss out on HEALTHY START food and vitamin vouchers worth over £900 per child*

FREE

fruit, veg, milk and vitamins for you and your family. Worth up to

£6.20

per week**

NHS

You may qualify for Healthy Start vouchers if you're at least 10 weeks pregnant or have a child under four years old. Your family must also receive one of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Child Tax Credit (with a family income of £16,190 or less per year)
- Universal Credit (with a family take-home pay of £408 or less per month).

You also quality if you are

under 18 and pregnant, even

